

Alleluia, alleluia!  
Rejoice and be glad; your reward will be great in heaven.  
Alleluia!

**GOSPEL**

**Matthew 5:1-12**

*Happy are the poor in spirit.*

Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them:

‘How happy are the poor in spirit;  
theirs is the kingdom of heaven.

Happy the gentle:  
they shall have the earth for their heritage.

Happy those who mourn:  
they shall be comforted.

Happy those who hunger and thirst for what is right:  
they shall be satisfied.

Happy the merciful:  
they shall have mercy shown them.

Happy the pure in heart:  
they shall see God.

Happy the peacemakers:  
they shall be called sons of God.

Happy those who are persecuted in the cause of right:  
theirs is the kingdom of heaven.

‘Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.’

**The Gospel of the Lord.**

**BACKGROUND ON  
THE GOSPEL READING**

Loyola Press

*Jesus teaches what it means to be happy.*

Today’s reading is the beginning of Jesus’ Sermon on the Mount, which is found in Matthew’s Gospel. The form of the Beatitudes found here is not unique to Jesus. Beatitudes are found in the Old Testament, in the psalms, and in wisdom literature, for example. They are a way to teach about who will find favor with God.

We quickly note in this reading that the people whom Jesus calls “blessed” and “happy” are not people we think of as blessed or happy . . . the poor in spirit, the meek, the persecuted. This Gospel is one of reversals. Jesus’ blueprint for happiness reflects little of what the world might call happiness.

“Blessed” is sometimes translated as *happy, fortunate, or favored*. In other words, Jesus is saying that divine favor is upon those who are poor, those who mourn, those who are persecuted. This news might have been welcome—and surprising—to the crowds who heard Jesus that day.

The Beatitudes can be understood as a framework for Christian living. Our vocation as Christians is not to be first in this world, but rather to be first in the eyes of God. By referring to the good things that the faithful will experience, Matthew reminds us that those who act in the manner described in the Beatitudes will find their reward with God.

**VINNIES says a HUGE THANK YOU!!!!**

For your generous support with groceries and cash donations via the Poor Box.

The Christmas Appeal saw 48 generous helpers bring relief, hope and joy to 86 local adults and 60 children

Tranmere Parishioners contributed \$4,852 to the Christmas Appeal and from Jan to Dec 2025 a total of \$11,656.10 was donated. These donations (via the Poor Box and special appeals ) and groceries (via the carton at the main entrance) have made it possible to give food to families on each home visit

Your help is greatly valued

Again, THANK YOU

**Morning Tea**  
after 9:30am morning mass  
on Sunday 8th Feb 2026  
All welcome!



# Parish Bulletin

St Joseph’s Catholic Church Tranmere Parish, 484 Magill Rd, Kensington Gardens, SA 5068  
www.stjosephsparishtranmere.org.au info@stjosephsparishtranmere.org.au (08) 8431 6932

**Fourth Sunday in Ordinary Time**

**31 January / 1 February 2026**

**LITURGY OF THE WORD**

**FIRST READING**

**Zephaniah 2:3, 3:12-13**

*In your midst I will leave a humble and a lowly people.*

Seek the Lord,  
all you, the humble of the earth,  
who obey his commands.  
Seek integrity,  
seek humility:  
you may perhaps find shelter  
on the day of the anger of the Lord.

In your midst I will leave  
a humble and lowly people,  
and those who are left in Israel will  
seek refuge in the name of the Lord.  
They will do no wrong,  
will tell no lies;  
and the perjured tongue will no longer  
be found in their mouths.  
But they will be able to graze and  
rest  
with no one to disturb them.

**The word of the Lord**

**SECOND READING**

**1 Corinthians 1:26-31**

*God has chosen what is weak by human reckoning.*

Take yourselves for instance, brothers, at the time when you were called: how many of you were wise in the ordinary sense of the word, how many were influential people, or came from noble families? No, it was to shame the wise that God chose what is foolish by human reckoning, and to shame what is strong that he chose what is weak by human reckoning; those whom the world thinks common and contemptible are the ones that God has chosen – those who are nothing at all to show up those who are everything. The human race has nothing to boast about to God, but you, God has made members of Christ Jesus and by God’s doing he has become our wisdom, and our virtue, and our holiness, and our freedom. As scripture says: *if anyone wants to boast, let him boast about the Lord.*

**The word of the Lord**

*Happy are  
the poor  
in spirit.*

**BLESSED ARE YOU**

The Beatitudes are among the best known verses of the Gospel of Matthew. They offer an assurance of God’s care for those who mourn or suffer persecution. They contain promises that God will bless the merciful, the pure of heart, the peacemakers and those who work for justice. Ultimately, all who put their trust in God and do what is right will rejoice in God’s kingdom.

**PRAYER BEFORE HOLY MASS**

Heavenly father, we are about to offer this wonderful memorial of the passion and death of your Son. Bless our Priest as he stands in the person of Christ and makes present for us the great sacrifice of Calvary.

Bless our Ministers here present today—our ministers of the Eucharist, our readers, our Altar Servers, our musicians and ushers. When we reflect on the magnificence of these Sacred Ministries, we are somewhat overawed at our calling. But also we are overjoyed that You have asked us to stand at Your altar and serve You.

Help us to be reverent and to be faithful to our responsibilities. May this Eucharist that we are about to offer be a bond of unity and a sacrament of love for our people. We make this prayer through Christ our Lord. Amen.

**Candlemas - The Feast of The Presentation of the Lord**

Monday 2nd February 2026 9:15am

**LOVE ADELAIDE - WALK FOR LIFE**

Join us as we walk for life to bring an end to abortion

**Human from Conception**

**Saturday 7th of February 2026**

10am - 12noon

**Pennington Gardens**

Opposite St Peters Cathedral, North Adelaide

**\$5 Donation Parking**

**Free Tickets**

Adelaide Oval parking

[trybooking.com/DGGPU](http://trybooking.com/DGGPU)

Enter from Pennington Tce

[loveadelaide.org.au](http://loveadelaide.org.au)

**Gates Open 9am**

**Don't forget** to bring a drink bottle; and remember to slip, slop and slap!

**PLEASE WEAR A WHITE SHIRT**

NO megaphones or personal signs, Love Adelaide will provide official signs. Please follow the direction of the marshals & police and walk peacefully with love.

Free Tickets [trybooking.com/DGGPU](http://trybooking.com/DGGPU)

**Please follow the event guidelines.**



**LOVE ADELAIDE**  
loveadelaide.org.au



St Joseph's Catholic Church  
Tranmere Parish

**Parish Priest**  
Fr Janeesh Jose CMI  
parishpriest@stjosephsparish  
tranmere.org.au

**Assistant Priest**  
Fr Benny Lawrance SdM

**Parish Secretary**  
Pat Kwok – Tue to Fri  
info@stjosephsparishtranmere.org.au

**Finance Officer**  
Christine Sullivan—Mon, Tue  
finance@stjosephsparish  
tranmere.org.au

**Sacristan**  
Sundays: Terence Yeow  
& Roger Worth

**Parish Office Hours**  
Tue to Fri 9:30am – 12:30pm  
Ph: (08) 8431 6932  
info@stjosephsparishtranmere.org.au

**Mass Times**

Sunday 9:30 am  
Saturday Vigil Mass 6:30 pm  
Tuesday to Friday 9:15 am

**Confessions**

Saturday 6:00 pm

**Rosary**

Tues to Fri 8:45am

**Adoration of the Eucharist**

Friday before Mass 8:30am

**Novena to St. Joseph**

Wednesday after Mass

**St. Joseph's Primary School**

Principal - Adrian Grbin

Ph: 8217 8300

**Knights of the Southern Cross**

Michael Boyle Ph: 8337 3270

**Parish Pastoral Council**

Chair – Alan Tyson Ph: 0412 389 875

**Parish Finance Council**

Chair— Brendan Moran

**Safeguarding Contact Person**

Anne Dudzinski Ph: 0418 847 804

**Vinnies Assistance Hotline**

1300 729 202 - 9:00am to 4:30pm

ROSTERS— 7/8 Feb 2026 Fifth Sunday in Ordinary Time	
Time	Commentator/Readers
6.30pm Vigil	Josh Page Michelle Page Chris Chua
9:30am	Alan Tyson Maureen Fernando Ian Aitchison
Children's Liturgy	Anne Dudzinski Angela Mealey
Count team	Frank Mazzarolo Sandy Mazzarolo Terry Pickering Christine Holmes
Altar and Flowers	Dolores Arboit Christina Wong Sarita Ingham and volunteers
All those who have volunteered please arrive at least 15 minutes before the start time and report to the commentator for that Mass	

SUNDAY COLLECTION SUMMARY	24/25 Jan 2026
Open Plate	421.10
Planned Giving	\$323.00
<b>PARISH TOTAL</b>	<b>\$744.10</b>
<b>Contribution to the Diocesan Presbytery Fund</b>	<b>\$683.50</b>

*Let's pray together*

**Please remember in your prayers**

We pray for those listed and all the deceased relatives and friends of our Parishioners.

For the Repose of the Soul:

**Gan Eng Poon**

Death Anniversary:

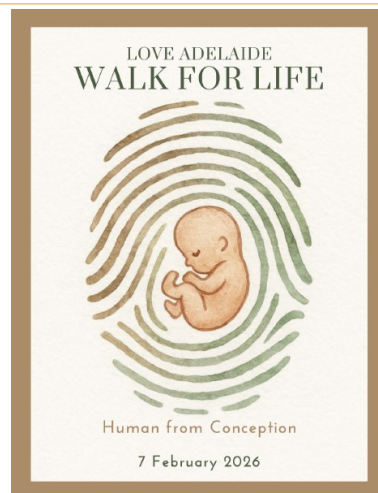
*Eternal rest grant to them, O Lord, and let perpetual light shine upon them; present them to God the Most High.*

Sick:

*We pray for the sick and housebound of our Parish and our relatives and friends who are unwell.*

**If you know of sick or elderly parishioners who are house-bound or in care and would appreciate a visit, please phone and leave a message with the parish office.**

SPECIAL APPEAL NEXT WEEK  
**7/8 Feb 2026 Day of the Unborn Child**



**ARCHDIOCESE EVENTS**

**Celebrating 20 Years of Impact – ACRATH**

ACRATH (Australian Catholic Religious Against Trafficking in Humans) is celebrating 20 years of impact in combating human trafficking and modern slavery with a special community event on **Thursday February 12, 6pm–8pm** at **St Ignatius Church Hall, Norwood**. The evening will feature guest speakers Sarah Puls SGS, Professor Marinella Marmo, and Catherine Edwards, who bring extensive experience in advocacy, research and global action against modern slavery. Drinks and nibbles will be provided. To register for a free ticket go to <https://events.humanitix.com/acrath-20-years-of-impact>.

**Lend a Hand with Project Compassion 2026**

Caritas is looking for local parishioners to help promote Project Compassion in their church this Lent. This includes setting up displays, handing out boxes/envelopes and sharing stories. If you think you can help, check first with your parish secretary/priest and then get in touch with Caritas Kaz on 8210 8204.

**Feast of Our Lady of Lourdes**

**Saturday February 14 at 10am in St Francis Xavier's Cathedral**. Each year, on World Day of the Sick a Mass is offered for those who are of ill health. This year Lourdes Day falls on February 11 and will be celebrated on the Saturday after (February 14). All are welcome to receive a blessing and anointing. For more information please contact Archdiocesan Events on (08) 8210 8220 or [events@adelaide.catholic.org.au](mailto:events@adelaide.catholic.org.au)

**Cathedral Light Show – Adelaide Fringe**

St Francis Xavier's Cathedral is set to be illuminated like never before as part of an immersive light experience to be staged during the 2026 Fringe. Titled 'Cathedral Chiaroscuro', entry to the event will be from 8.30-9.30pm nightly (except Mondays), with architecturally mapped projections accompanied by a classical and choral music soundtrack. Audience members can move around the Cathedral to view the projections from different angles and expected 'dwell time' is about 15 minutes. Tickets range from \$10 for pre-view nights to \$15 (February 20-March 22). To book, visit [adelaidefringe.com.au](http://adelaidefringe.com.au).

**Morning Reflection with Fr Tom**

"Living life with heart and mind renewed"

Join us for our next Morning Reflection with Fr Tom McDonough CP on February 14 at The Monastery.

As Lent begins, we will explore what this time of conversion, preparation and longing will ask of us and offer us. Doors open at 9am. Morning tea will be provided. Participants are welcome to bring a packed lunch to enjoy in The Monastery Gardens.

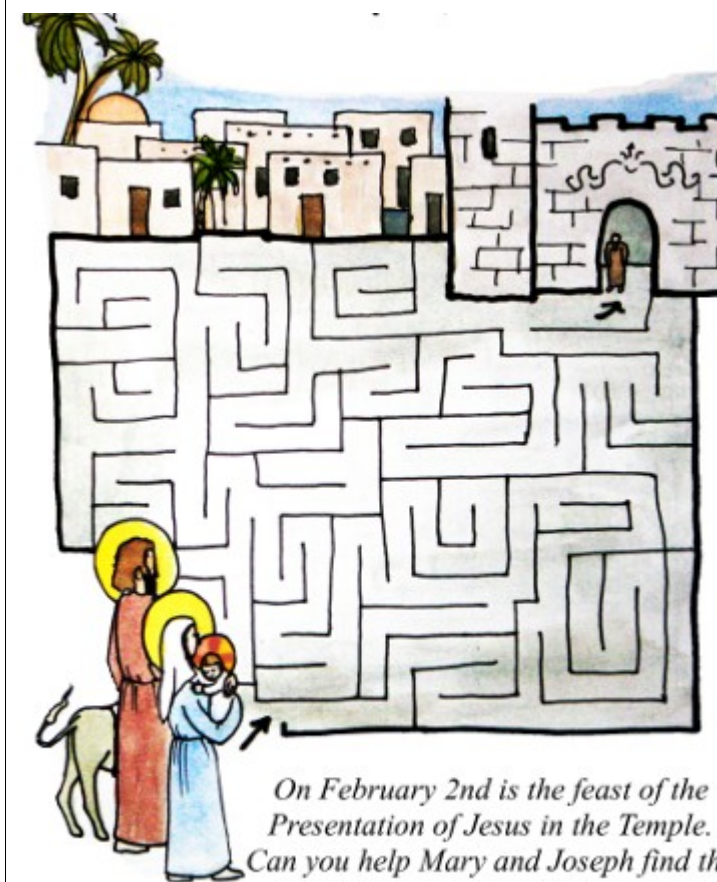
Bookings essential - please contact The Monastery office to book, email [conference@themonastery.net.au](mailto:conference@themonastery.net.au) or call 8338 8700 \*Suggested donation of \$25.00

**Birthline Pregnancy Support – Volunteer Opportunities**

Birthline is seeking a friendly retiree to join its team as an Office Support Companion. If you have a few hours to spare and would enjoy offering practical help to local families, we would love to hear from you. Please contact us at [birthline@birthline.org.au](mailto:birthline@birthline.org.au) or 08 8331 1223

**The Kids' Bulletin**

[www.thekidsbulletin.com](http://www.thekidsbulletin.com)



**How to be Happy!**

In today's Gospel Jesus teaches the eight beatitudes. *Beatitude means happiness.* Here are some ideas on how to live the beatitudes:

1. Blessed are the poor in spirit, for theirs is the kingdom of heaven. If you share your nice things and don't let your stuff be the most important things in your life then you will be happy.
2. Blessed are they who mourn, for they will be comforted. If you are sad now, remember that in Heaven there will be no more suffering.
3. Blessed are the meek, for they will inherit the land. Don't be selfish or pushy about things. God will make sure you get everything you need!
4. Blessed are they who hunger and thirst for righteousness, for they will be satisfied. If you try to do what is right then God will make the right things happen.
5. Blessed are the merciful, for they will be shown mercy. If you forgive other people when they hurt you, then God will forgive you when you are sorry for your sins.
6. Blessed are the clean of heart, for they will see God. If God is the center of your life, then your heart is pure and ready to see Him in Heaven when you die.
7. Blessed are the peacemakers, for they will be called children of God. God loves peace, and loves it when we try to avoid getting into fights.
8. Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven. If you suffer for the truth, God will give you a joyful reward!



**CHILDREN SACRAMENTAL PROGRAM 2026  
ST JOSEPH'S CHURCH TRANMERE PARISH**

**RECONCILIATION**

Workshops—

•Monday 16th February at 6:30pm in Parish Hall

•Monday 16th March at 6:30pm in Parish Hall

**Celebration— Tuesday 24th March at 7.00pm**

**CONFIRMATION & FIRST EUCHARIST**

Workshops—

•Monday 18th May at 6:30pm in Parish Hall

•Monday 15th June at 6:30pm in Parish Hall

•Rehearsal at church— Sunday 26th July after parish mass

**Celebration— Sunday 2nd August 11:00am**

**Celebrant: Archbishop Patrick O'Regan**

To enrol, please contact the Parish Office:  
[info@stjosephsparishtranmere.org.au](mailto:info@stjosephsparishtranmere.org.au)

**ENROLMENT CUT-OFF 10 FEB 2026**